# **BIPOLAR DISORDER BOOKS**



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Bipolar Disorder for Dummies, 3rd Ed. Some people may find it off-putting to buy a Dummies book on a health or mental health concern. How can they talk about such a serious condition in

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I feel like I'm a snow globe and someone shook me up and now every little piece of me is falling back randomly and nothing is ending up where it used to be.

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## **Bipolar Disorder Book List BPSO**

Bipolar Disorder Book List. These are among the books we regard as most helpful to family and friends of people with bipolar disorder who are trying to understand the disorder, the behaviors that arise from it, and the often difficult path to finding effective treatment.

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# 10 Helpful Books About Bipolar Disorder Health

About 6 million people in the U.S. have bipolar disorder, which is characterized by episodes of mania and depression. But the condition is not always easy to diagnose.

http://ebookslibrary.club/10-Helpful-Books-About-Bipolar-Disorder-Health.pdf

# What to Read Books About Bipolar Disorder and Mental

These books, about a cerebral accident and amnesia, respectively, don't speak directly to bipolar disorder, but I found them interesting as accounts of rebuilding one's life after a significant mental condition.

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# **Bipolar Depression Disorder Symptoms and Treatment Mood**

Bipolar-Health Guide To Understanding The Symptoms and Treatment of Bipolar Depression This book will guide you in understanding bipolar disorder and its different facets; what it is, how to spot it, and what living with the condition entails.

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### List of books and articles about Bipolar Disorder Manic

See F. K. Goodwin and K. R. Jamison, Manic-Depressive Illness (1990); D. Healy, Mania: A Short History of Bipolar Disorder (2011); publications of the National Institute of Mental Health.

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# **Books on bipolar disorder Bipolar Caregivers**

Personal accounts of bipolar disorder and coping; Books by family members; Books by health professionals/researchers

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### **Bipolar Disorder A Guide for Patients and Families A**

This book is an excellent resource of information. The author makes several references to Dr. Jamison who is one of my favorite authors and pioneer in the search for a cure for bipolar disorder. This book is simple, easy to read, straight forward, and informative. It is a book for the entire family who is dealing with bipolar disorder. Dr. F. Mondimore is talking to the reader not at the reader. Job Well Done.

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